



1<sup>st</sup> Eye Surgery Date: \_\_\_\_\_

Post Op Date: \_\_\_\_\_

2<sup>nd</sup> Eye Surgery Date: \_\_\_\_\_

Post Op Date: \_\_\_\_\_

## Instructions for Eye Surgery

Everything you need to know as you prepare for surgery is below. All necessary forms and disclosures can be found at [nashuaeye.com](http://nashuaeye.com) and/or [novamedsurgeryofnashua.com](http://novamedsurgeryofnashua.com). Paper copies are available upon request.

### Completed forms can be:

- Dropped off at any of our three locations.
- Mailed to 5 Coliseum Ave., Nashua, NH 03063, Attn: Surgical Coordinators
- Faxed to 603-689-9230 or 603-689-9326
- Securely uploaded through your Nashua Eye account with Promptly

### Prior to Surgery Date

- Fill and receive your prescription eye drops as instructed by your surgeon.
- Complete and return Anesthesia Pre-Operative Evaluation at least 10 days prior to surgery.
- Obtain Pre-Operative Clearance from your Primary Care Physician.
  - Please bring the forms labeled Pre-Operative Clearance/Eval to your PCP to complete.
- Arrange for a responsible adult companion over age 18 to drive you home and possibly stay with you for 24 hours post-op.
  - *Please note: Taxi/Ride Share transportation is only permitted if you are accompanied by a responsible adult over the age of 18.*
- The Surgery Center will call you 24-48 hours prior to surgery with your scheduled arrival time.
  - *6:30 AM arrivals, please note that when the lights are on in the lobby, we will receive patients as our staff is also arriving at 6:30 AM.*

### Night before Surgery

- Nothing to eat or drink after midnight the night before.
- Please notify the surgeon's office of any illness 24 hours ahead of your scheduled surgery when possible.
  - *i.e. cold, fever, infection, emergency room visits, or hospitalizations.*

### Morning of Surgery

- You may take your blood pressure and heart medications with a sip of water.
- Please bring a photo ID and your insurance cards with you.
- Wear comfortable loose-fitting clothing.
- Hearing aids are allowed. If you have a case bring it along with you.
- Do not wear any make-up.
- Please leave jewelry and valuables at home. The Surgery Center is not responsible for them.
- Bring a list of medications you took the morning prior to arrival.

### After Surgery

- Rest for the day.
- No driving for 24 hours.

Should you have any questions or concerns regarding your surgery, your drops or any of the forms needed, please contact us at 603-882-9800, Ext 8015, and one of our surgical coordinators will be happy to assist you.